



LEADERSHIP EMBODIMENT

Leadership Embodiment Coach Training LECT 2023

European Schedule and booking details

The LECT program offers you step-by-step instruction that will allow you to skillfully work with your clients using the LE principles and exercises. Training purpose and content is detailed in the [LECT program page](#) on the Leadership Embodiment website. This document provides dates and times for LECT Europe.

It consists of 68 hrs of training, 4 modules over 5 months (Sept 2023 - Jan 2024). The 1st and 3rd are virtual modules and the 2nd and 4th are in-person modules. Note: This training does not certify you to lead a Level 1 course. It certifies you to use Leadership Embodiment with your coaching clients.

This European LECT will be taught remotely by Tiphani Palmer and on site by Anouk Brack and Pierre Goirand.

Dates and time

Launch

Sept 15 (Fri) – 5:00 – 6:00 pm Europe (8:00 – 9:00 am US, PST)

Launch LECT Europe - live virtual time with Tiphani Palmer, Pierre Goirand and Anouk Brack

Mod 1 – Virtual – 4 days of 4 hours plus breaks

Sept 21 – 22 (Thu-Fri) & Sept 28 – 29 (Thu-Fri)

- 1:00 pm – 3:00 pm (European times) - Review 2h. pre-recorded training content. Suggested review time of pre-recorded content is the same day of the live session.
- 3:45 – 4:45 pm - Group pod review meeting
- 5:00 – 6:00 pm – Live virtual Q&A with Tiphani Palmer, Pierre Goirand and Anouk Brack

Mod 2 – In Person

Oct 16-18 (Mon-Wed)

- 3 days training with local instructors Pierre Goirand and Anouk Brack
(4 hrs. per day of instructor training plus 2 hours of self-lead reflect, journal and practice)

Mod 3 – Virtual - 4 days of 4 hours plus breaks

Nov 9-10 (Thu-Fri) & Nov 23 - 24 (Thu-Fri)

- 1:00 pm – 3:00 pm (European times) - Review 2h. pre-recorded training content. Suggested review time of pre-recorded content is the same day of the live session.
- 3:45 – 4:45 pm - Group pod review meeting
- 5:00 – 6:00 pm – Live virtual Q&A with Tiphani Palmer, Pierre Goirand and Anouk Brack

Mod 4 – In Person

Jan 9-10 (Mon-Wed)

- 3 days training with local instructors Pierre Goirand and Anouk Brack (4 hrs. per day of instructor training plus 2 hours of self-lead reflect, journal and practice)

Training will include:

- Weekly focus point reminder videos from Wendy and Tiphani
- Sign up opportunities for a private one-on-one coaching session with one of the LE Coach Associates during the training program.

Location

In person training sessions are planned to be delivered at the Domaine des 7 Vallons, a beautiful retreat center in North East France (<https://domainedes7vallons.fr>). If the number of participants is smaller than 12 participants, we might work in 2 separate locations, one in the Netherlands and one in France.

Training hours overview

Mod 1: Virtual

- **Week 1**
 - 2 days - 4 hrs. each day
 - 2 hrs. virtual training, 60 min to reflect and craft questions & pod connect, 1 hr. live training with Tiphani, Anouk and/or Pierre
- **Week 2**
 - Same format as week 1

Total hrs. 16

Mod 2: In person

- 3 days training with local instructors Pierre Goirand and Anouk Brack (4 hrs. per day of instructor training plus 2 hours of self-lead practice, reflection, and journal)

Total hrs. 18

Mod 3 – Virtual - Same as mod 1

Total hrs. 16

Mod 4 – In Person - Same as Mod 2

Total hrs. 18

Total hours – 68 hrs.

Training outputs

Participants will receive

- Certification as a Leadership Embodiment Coach Associate
- LE Training manual and supplemental workbook both hardcopies printed and digital
- LE Associate listing on the LE website
- A wooden bokken (training sword) if you don't have one yet
- Access to LEAPP, the LE Basecamp professional resources portal that includes:
 - Sample contracts, SOW's & logos
 - Handouts
 - Agendas
- This LECT program receives the following credits from ICF. :



Core Competencies	38.25
Resource Development*	70.25

Investment

Total costs of the training are **4900,- EUR excl 21% VAT.**

- This excludes costs of travel and lodging during the two in-person modules.
- The course fee is non-refundable once the training has started.

Monthly payment plans and limited partial sponsorship options are available. If you would like to apply for assistance you can contact Anouk at anouk.brack@anouka.nl

Register

We have limited spots available. **You can reserve your spot** by registering and transferring 500 euro via anouka.nl/lect.

Your registration will be assessed. Make sure you have [read the documentation about the training](#) and have completed a LE level 1 and level 2 by the time the training starts.

After acceptance into the program you will be sent further details about payment(s) and venue information so you can book your travel and lodging for the in-person modules. In the case your application is not accepted you will get your money back asap.

For questions:

- in French or English contact Pierre Goirand - contact@pierregoirand.com
- in Dutch or English contact Anouk Brack - anouk.brack@anouka.nl

Hope to see you soon in the certification training!

Tiphani, Anouk and Pierre