



LEADERSHIP EMBODIMENT

Programs for Presence, Confidence and Compassion

Practical Information - LECT Europe April 2027 – Oct 2027

PLEASE NOTE - This PDF should be read together with the LECT brochure – to be found on <https://anouka.nl/en/training/leadership-embodiment-coach-training-lect-2/>

LECT is the Leadership Embodiment Coach Program, a Certification (with ICF CCEU accreditation) for using LE practices as a facilitator with your clients one-on-one (or team coaching in small groups).

Please find below information about module dates & times, venue, pricing and contact information.

Module Dates and Times

Online Kick off session – 1,5-hour call

Thu April 8, 2027 – 17:00 - 18:30 CET

Online Individual call

In the week of April 19

Mod 1 – Online – 2 days of 6 hours plus breaks

Wed-Thu April 21-22

Both days – Study individually training content, video and manual. Suggested review time of recorded video content is same day of live session or within the 2 weeks prior to the session.

Day 1 13:30 – 14:30 CET - Instructor Q&A

Day 1 17:00 – 18:00 CET - Group pod review meeting

Day 2 15:30 – 16:30 CET - Group pod review meeting

Day 2 17:00 – 18:00 CET - Instructor Q&A



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Mod 2 – In Person - 3 days

Tue-Thu May 18-20 – Arrive Mon May 17

Start 9:00 AM on Day 1. Arrive the day before. Departing Day 3 after 15:30 CET.
3 days in person training with lead trainer Anouk Brack. A detailed agenda will be shared prior to the module.

Online – Follow up call after mod 2

Thu May 27 17:00 – 18:00 CET

Reflecting on in person module learnings & questions, and looking forward

Mod 3 – Online - 2 days of 6 hours plus breaks

Wed–Thu June 16-17

Both days – Study individually training content, video and manual. Suggested review time of recorded video content is same day of live session or within the 2 weeks prior to the session.

Day 1 13:30 – 14:30 CET - Instructor Q&A

Day 1 17:00 – 18:00 CET - Group pod review meeting

Day 2 15:30 – 16:30 CET - Group pod review meeting

Day 2 17:00 – 18:00 CET - Instructor Q&A

Mod 4 – In Person - 3 days

Tue-Thu June 29 – July 1 – Arrive Mon June 28

Start 9:00 AM on Day 1. Arrive the day before. Departing Day 3 after 15:30 CET.
3 days in person training with lead trainer Anouk Brack. A detailed agenda will be shared prior to the module.

Online – Follow up call after mod 4

Thu July 8 17:00 – 18:00 CET

Reflecting on in person module learnings & questions, and looking forward

Online Individual call

Between 1 and 14 Sept



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Mod 5 – Online - 2 days of 6 hours plus breaks

Wed-Thu Sept 15-16

Both days – Study individually training content, video and manual. Suggested review time of recorded video content is same day of live session or within the 2 weeks prior to the session.

Day 1 13:30 – 14:30 CET - Instructor Q&A

Day 1 17:00 – 18:00 CET - Group pod review meeting

Day 2 15:30 – 16:30 CET - Group pod review meeting

Day 2 17:00 – 18:00 CET - Instructor Q&A

Mod 6 – In Person - 3 days

Tue-Thu Oct 12-14 – Arrive Mon Oct 11

Start 9:00 AM on Day 1. Arrive the day before. Departing Day 3 after 15:30 CET. 3 days in person training with lead trainer Anouk Brack. A detailed agenda will be shared prior to the module.

Online – Follow up call after LECT

Mon Jan 17 2028 17:00 – 18:00 CET

How's it going? Sharing successes, challenges, next steps.

LECT Venue

The venue for the three in person modules will be located in the Netherlands (or Belgium) with good access with train, car and airport. After registration, all information about the venue and transportation will be provided to you.



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LECT Pricing

LECT Program Fee: € 8,000* euro excluding VAT

- Payment plan options are available. Please inquire after registering.
- Limited scholarships may be available. Contact Anouk.brack@anouka.nl

EARLY BIRD DISCOUNT: Register before the end of **November 2026** for a discounted price of **€ 7.500** euro excluding VAT

Fee includes:

- LE Instructor at all in person Modules, training videos from Wendy & Tiphani Palmer, virtual Q&A sessions with lead trainers like Anouk Brack and/or Tiphani Palmer.
- All course materials including printed LE workbook, LE manual, LE handouts, bookmarks, wooden sword plus bag (if you don't have one yet), and a box of inspiration cards.
- After graduation: Access to the online LEAPP platform containing resources such as: Contracts, Agendas, Outlines, Handouts & Write ups

Program Fee does NOT include food, lodging or transportation. However, we will arrange for healthy lunches and delicious dinners. The additional costs for lunches and dinners for all three in person modules will be in total € 600.

****NOTE: The full course fee is non-refundable.*** If you do not attend one of the 6 modules, no refunds will be made available. Concessions will be made in the event of a family or medical emergency. You cannot miss any of the in person days. If you do, you may schedule an individually taught module with your instructor for additional costs. Should you miss a virtual day, you may catch up with the recordings.



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If you have any questions about the practical information, please contact lead trainer anouk.brack@anouka.nl.

Thank you for your interest in the LE Coach Training Program!

Next Steps for joining the certification program:

Go to <https://anouka.nl/en/training/leadership-embodiment-coach-training-lect-2/>

1. Read the downloadable brochure PDF
2. Register for a LECT taster session and/or plan call with Anouk Brack – getting to know each other and answering your questions
3. Complete a LE level 1 and 2. (Level 2 may be completed during the program)
4. Please register now and secure your spot.

Noble, awesome and shiny greetings,

Tiphani Palmer - Legacy Lineage Holder, Leadership Embodiment

Wendy Palmer - Founder, Leadership Embodiment

Anouk Brack - Lead Instructor LECT Europe, Leadership Embodiment, AnoukA Training

