



LEADERSHIP EMBODIMENT

Programs for Presence, Confidence and Compassion

Practical Information - LECT Europe October 2026 – April 2027

PLEASE NOTE - This PDF should be read together with the LECT brochure – to be found on <https://anouka.nl/en/training/leadership-embodiment-coach-training-lect-2/>

LECT is the Leadership Embodiment Coach Program, a Certification (with ICF CCEU accreditation) for using LE practices as a facilitator with your clients one-on-one or in small groups.

Please find below information about module dates & times, venue, pricing and contact information.

Module Dates and Times for Oct 2026 – April 2027 edition

Online Kick off session – 1,5-hour call

Thu Oct 22, 2026 – 17:00 - 18:30 CET

Online Personal call

In the week of Oct 26

Mod 1 – Online – 2 days of 6 hours plus breaks

Wed-Thu Nov 11-12, 2026

Both days – Study individually training content, video and manual. Suggested review time of recorded video content is same day of live session or within the week prior to the session.

Day 1 13:30 – 14:30 CET - Instructor Q&A

Day 1 17:00 – 18:00 CET - Group pod review meeting

Day 2 15:15 – 16:45 CET - Group pod review meeting

Day 2 17:00 – 18:00 CET - Instructor Q&A



LEADERSHIP EMBODIMENT

Mod 2 – In Person - 3 days

Tue-Thu Dec 1-3 – Arrive Mon Nov 30

Start 9:00 AM on Day 1. Arrive the day before. Departing Day 3 after 15:30 CET. 3 days in person training with local instructor Anouk Brack. (Days run from 9:00 AM to 18:00 CET. Including breaks and lunch and at least 4 hrs. per day of instructor training interspersed with at least 2 hours of self-lead reflect, journal and practice)

Online – Follow up call after mod 2

Mon Jan 11 2027 17:00 – 18:00 CET

Reflecting on in person module learnings & questions, and looking forward

Mod 3 – Online - 2 days of 6 hours plus breaks

Thu-Fri Jan 28-29 2027

Both days – Study individually training content, video and manual. Suggested review time of recorded video content is same day of live session or within the week prior to the session.

Day 1 13:30 – 14:30 CET - Instructor Q&A

Day 1 17:00 – 18:00 CET - Group pod review meeting

Day 2 15:15 – 16:45 CET - Group pod review meeting

Day 2 17:00 – 18:00 CET - Instructor Q&A

Mod 4 – In Person - 3 days

Tue-Thu Feb 23-25 – Arrive Mon Feb 22

Start 9:00 AM on Day 1. Arrive the day before. Departing Day 3 after 15:30 CET. 3 days in person training with local instructor Anouk Brack. (Days run from 9:00 AM to 18:00 CET. Including breaks and lunch and at least 4 hrs. per day of instructor training interspersed with at least 2 hours of self-lead reflect, journal and practice)

Online – Follow up call after mod 4

Mon March 8 2027 17:00 – 18:00 CET

Reflecting on in person module learnings & questions, and looking forward



LEADERSHIP EMBODIMENT

Online Personal call

Between 1 and 12 March

Mod 5 – Online - 2 days of 6 hours plus breaks

Wed-Thu March 17-18

Both days – Study individually training content, video and manual. Suggested review time of recorded video content is same day of live session or within the week prior to the session.

Day 1 13:30 – 14:30 CET - Instructor Q&A

Day 1 17:00 – 18:00 CET - Group pod review meeting

Day 2 15:15 – 16:45 CET - Group pod review meeting

Day 2 17:00 – 18:00 CET - Instructor Q&A

Mod 6 – In Person - 3 days

Tue-Thu April 13-15 – Arrive Mon April 12

Start 9:00 AM on Day 1. Arrive the day before. Departing Day 3 after 15:30 CET
3 days in person training with local instructor Anouk Brack. (Days run from 9:00 AM to 18:00 CET. Including breaks and lunch and at least 4 hrs. per day of instructor training interspersed with at least 2 hours of self-lead reflect, journal and practice)

Online – Follow up call after LECT

Mon Sept 20 2027 17:00 – 18:00 CET

How's it going? LEAPP, community, looking forward together.

LECT Venue

The venue for the three in person modules will be located in the Netherlands. After registration, all information about the venue and transportation will be provided to you.



LEADERSHIP EMBODIMENT

LECT Pricing

LECT Program Fee: € 8,000* euro excluding VAT

- Payment plan options are available. Please inquire after registering.
- Limited scholarships may be available. Contact Anouk.brack@anouka.nl

EARLY BIRD DISCOUNT: Register before the end of **June 2026** for a discounted price of **€ 7.500** euro excluding VAT

Fee includes:

- LE Instructor at all in person Modules, training videos from Wendy & Tiphani Palmer, virtual Q&A sessions with Anouk Brack and/or Tiphani Palmer.
- All course materials including printed LE workbook, LE manual, LE handouts, bookmarks, wooden sword plus bag (if you don't have one yet), and a box of inspiration cards.
- After graduation: Access to the online LEAPP platform containing resources such as: Contracts, Agendas, Outlines, Handouts & Write ups

Program Fee does NOT include food, lodging or transportation. However, we will arrange for healthy lunches and delicious dinners. The additional costs for lunches and dinners for all three in person modules will be in total € 600.

****NOTE: The full course fee is non-refundable.*** If you do not attend one of the 6 modules, no refunds will be made available. Concessions will be made in the event of a family or medical emergency. You cannot miss any of the in person days. If you do, you may schedule an individually taught module with your instructor for additional costs. Should you miss a virtual day, you may catch up with the recordings.



LEADERSHIP EMBODIMENT

If you have any questions about the practical information, please contact lead trainer anouk.brack@anouka.nl.

Thank you for your interest in the LE Coach Training Program!

Next Steps for joining the certification program:

1. Read the downloadable brochure PDF

<https://anouka.nl/en/training/leadership-embodiment-coach-training-lect-2/>

2. Plan an intake call with Anouk Brack – getting to know each other and answering your questions - <https://calendar.app.google/gdZFPy7sXTyjDiE46>

3. Complete a LE level 1 and 2. (Level 2 may be completed during the program)

4. Please register now and secure your spot:

<https://anouka.nl/en/training/leadership-embodiment-coach-training-lect-2/>

Noble, awesome and shiny greetings,

Tiphani Palmer - Legacy Lineage Holder, Leadership Embodiment

Wendy Palmer - Founder, Leadership Embodiment

Anouk Brack - Lead Instructor LECT Europe, Leadership Embodiment, AnoukA Training

