

Programs for Presence, Confidence and Compassion

Practical Information - LECT Europe

Please find below information about module dates & times, venue, pricing and contact information.

Module Dates and Times

Kick off session - 1,5-hour call

April 2, 2026 (Thu)

Personal call

In the week of April 6

Mod 1 - Virtual - 3 days of 4 hours plus breaks

April 23 & 24, 2026 (Thu & Fri)

9:00 am – 3:00 pm (European times) – Study pre-recorded training content and manual. Suggested review time of pre-recorded content is same day of live session or within the week prior to the session.

3:15 – 4:45 pm – Group pod review meeting

5:00 – 6:00 pm – Live virtual Q&A with Tiphani Palmer and Anouk Brack

Mod 2 - In Person - 3 days

May 20, 21 & 22, 2026 (Wed-Fri), arriving the 19th and departing 22th

3 days training with local instructor Anouk Brack. (4 hrs. per day of instructor training plus 2 hours of self-lead reflect, journal and practice)

Virtual - Check in call after mod 2

May 28, 2026 (Thu)

Module 2 in person learnings & questions and looking forward

Mod 3 - Virtual - 2 days of 4 hours plus breaks

June 11 & 12, 2026 (Thu & Fri)

9:00 am – 3:00 pm (European times) – Study pre-recorded training content and manual. Suggested review time of pre-recorded content is same day of live session or within the week prior to the session.

3:15 – 4:45 pm – Group pod review meeting

5:00 – 6:00 pm – Live virtual Q&A with Tiphani Palmer and Anouk Brack

Mod 4 - In Person - 3 days

July 1, 2 & 3, 2026 (Wed-Fri), arriving the June 30th and departing 3rd

3 days training with local instructor Anouk Brack. (4 hrs. per day of instructor training plus 2 hours of self-lead reflect, journal and practice)

Follow-up call

July 9, 2026 (Thyu)

5 pm - 6 pm CET

Personal call

In the week of September 1

Mod 5 - Virtual - 2 days of 4 hours plus breaks

Sept. 21 & 22, 2026 (Mon & Tue)

9:00 am - 3:00 pm (European times) – Study pre-recorded training content and manual. Suggested review time of pre-recorded content is same day of live session or within the week prior to the session.

3:15 – 4:45 pm – Group pod review meeting

5:00 – 6:00 pm – Live virtual Q&A with Tiphani Palmer and Anouk Brack

Mod 6 - In Person & Associates Retreat - 3 days

Oct. 14-16, 2026 (Wed-Fri), arriving the 13th and departing 16th

3 days training with local instructor Anouk Brack. (4 hrs. per day of instructor training plus 2 hours of self-lead reflect, journal and practice)



LECT Venue

The venue for the three in person modules will be located in the Netherlands. If possible, If possible, the location will be in a natural environment. After registration, all information about the venue and transportation will be provided to you.

LECT Pricing

LECT Program Fee: € 8,000* EUR

EARLY BIRD DISCOUNT: Register before the end of Dec 2025 for a discounted price of € **7.500!**

Fee includes:

- LE Instructor at all in person Modules, training videos from Wendy & Tiphani Palmer, virtual Q&A sessions with Tiphani Palmer.
- All course materials including printed LE workbook, LE manual, LE handouts, bookmarks, wooden sword, and inspiration cards
- Access to the online LEAPP platform containing resources such as: Contracts, Agendas, Outlines, Handouts & Write ups

Program Fee does NOT include food, lodging or transportation. However, we will arrange for healthy lunches and delicious dinners with the venue owners. The additional costs for 3 lunches and 3 dinners for all three in person modules will be in total around € 600.

- Payment plan options are available. Please inquire with the US LE office after registering.
- Limited scholarships may be available. Contact <u>Anouk.brack@anouka.nl</u>

*NOTE: The full course fee is non-refundable. If you do not attend one of the 6 modules, no refunds will be made available. Concessions will be made in the event of a family or



medical emergency. You cannot miss any of the in person days. Should you miss a virtual day, you may catch up with the recordings.

If you have any questions about the practical information, please contact our US office at office@leadershipembodiment.com or lead trainer anouk.brack@anouka.nl.

Thank you for your interest in the LE Coach Training Program. If you want to join us, please register now and secure your spot:

https://anouka.nl/leadership-embodiment/lect/.

Blessings,

Tiphani Palmer - Legacy Lineage Holder, Leadership Embodiment **Wendy Palmer** - Founder, Leadership Embodiment

Anouk Brack - Lead Instructor LECT Netherlands 2024





